

# 令和7年度安全衛生講習等予定表

(一社)長野県労働基準協会連合会  
(一社)各地区労働基準協会

※実施会場については、会場の所在地と異なります。

講習名 (長野労働局長登録番号)	月	R7/4	5	6	7	8	9	10	11	12	R8/1	2	3	4	5	6	7	8	9	10	11	12	R9/1	2	3	4	5	6	7	8	9	10	11	12	R10/1	2	3	4	5	6	7	8	9	10	11	12	R11/1	2	3	4	5	6	7	8	9	10	11	12	R12/1	2	3	4	5	6	7	8	9	10	11	12	R13/1	2	3	4	5	6	7	8	9	10	11	12	R14/1	2	3	4	5	6	7	8	9	10	11	12	R15/1	2	3	4	5	6	7	8	9	10	11	12	R16/1	2	3	4	5	6	7	8	9	10	11	12	R17/1	2	3	4	5	6	7	8	9	10	11	12	R18/1	2	3	4	5	6	7	8	9	10	11	12	R19/1	2	3	4	5	6	7	8	9	10	11	12	R20/1	2	3	4	5	6	7	8	9	10	11	12	R21/1	2	3	4	5	6	7	8	9	10	11	12	R22/1	2	3	4	5	6	7	8	9	10	11	12	R23/1	2	3	4	5	6	7	8	9	10	11	12	R24/1	2	3	4	5	6	7	8	9	10	11	12	R25/1	2	3	4	5	6	7	8	9	10	11	12	R26/1	2	3	4	5	6	7	8	9	10	11	12	R27/1	2	3	4	5	6	7	8	9	10	11	12	R28/1	2	3	4	5	6	7	8	9	10	11	12	R29/1	2	3	4	5	6	7	8	9	10	11	12	R30/1	2	3	4	5	6	7	8	9	10	11	12	R31/1	2	3	4	5	6	7	8	9	10	11	12	R32/1	2	3	4	5	6	7	8	9	10	11	12	R33/1	2	3	4	5	6	7	8	9	10	11	12	R34/1	2	3	4	5	6	7	8	9	10	11	12	R35/1	2	3	4	5	6	7	8	9	10	11	12	R36/1	2	3	4	5	6	7	8	9	10	11	12	R37/1	2	3	4	5	6	7	8	9	10	11	12	R38/1	2	3	4	5	6	7	8	9	10	11	12	R39/1	2	3	4	5	6	7	8	9	10	11	12	R40/1	2	3	4	5	6	7	8	9	10	11	12	R41/1	2	3	4	5	6	7	8	9	10	11	12	R42/1	2	3	4	5	6	7	8	9	10	11	12	R43/1	2	3	4	5	6	7	8	9	10	11	12	R44/1	2	3	4	5	6	7	8	9	10	11	12	R45/1	2	3	4	5	6	7	8	9	10	11	12	R46/1	2	3	4	5	6	7	8	9	10	11	12	R47/1	2	3	4	5	6	7	8	9	10	11	12	R48/1	2	3	4	5	6	7	8	9	10	11	12	R49/1	2	3	4	5	6	7	8	9	10	11	12	R50/1	2	3	4	5	6	7	8	9	10	11	12	R51/1	2	3	4	5	6	7	8	9	10	11	12	R52/1	2	3	4	5	6	7	8	9	10	11	12	R53/1	2	3	4	5	6	7	8	9	10	11	12	R54/1	2	3	4	5	6	7	8	9	10	11	12	R55/1	2	3	4	5	6	7	8	9	10	11	12	R56/1	2	3	4	5	6	7	8	9	10	11	12	R57/1	2	3	4	5	6	7	8	9	10	11	12	R58/1	2	3	4	5	6	7	8	9	10	11	12	R59/1	2	3	4	5	6	7	8	9	10	11	12	R60/1	2	3	4	5	6	7	8	9	10	11	12	R61/1	2	3	4	5	6	7	8	9	10	11	12	R62/1	2	3	4	5	6	7	8	9	10	11	12	R63/1	2	3	4	5	6	7	8	9	10	11	12	R64/1	2	3	4	5	6	7	8	9	10	11	12	R65/1	2	3	4	5	6	7	8	9	10	11	12	R66/1	2	3	4	5	6	7	8	9	10	11	12	R67/1	2	3	4	5	6	7	8	9	10	11	12	R68/1	2	3	4	5	6	7	8	9	10	11	12	R69/1	2	3	4	5	6	7	8	9	10	11	12	R70/1	2	3	4	5	6	7	8	9	10	11	12	R71/1	2	3	4	5	6	7	8	9	10	11	12	R72/1	2	3	4	5	6	7	8	9	10	11	12	R73/1	2	3	4	5	6	7	8	9	10	11	12	R74/1	2	3	4	5	6	7	8	9	10	11	12	R75/1	2	3	4	5	6	7	8	9	10	11	12	R76/1	2	3	4	5	6	7	8	9	10	11	12	R77/1	2	3	4	5	6	7	8	9	10	11	12	R78/1	2	3	4	5	6	7	8	9	10	11	12	R79/1	2	3	4	5	6	7	8	9	10	11	12	R80/1	2	3	4	5	6	7	8	9	10	11	12	R81/1	2	3	4	5	6	7	8	9	10	11	12	R82/1	2	3	4	5	6	7	8	9	10	11	12	R83/1	2	3	4	5	6	7	8	9	10	11	12	R84/1	2	3	4	5	6	7	8	9	10	11	12	R85/1	2	3	4	5	6	7	8	9	10	11	12	R86/1	2	3	4	5	6	7	8	9	10	11	12	R87/1	2	3	4	5	6	7	8	9	10	11	12	R88/1	2	3	4	5	6	7	8	9	10	11	12	R89/1	2	3	4	5	6	7	8	9	10	11	12	R90/1	2	3	4	5	6	7	8	9	10	11	12	R91/1	2	3	4	5	6	7	8	9	10	11	12	R92/1	2	3	4	5	6	7	8	9	10	11	12	R93/1	2	3	4	5	6	7	8	9	10	11	12	R94/1	2	3	4	5	6	7	8	9	10	11	12	R95/1	2	3	4	5	6	7	8	9	10	11	12	R96/1	2	3	4	5	6	7	8	9	10	11	12	R97/1	2	3	4	5	6	7	8	9	10	11	12	R98/1	2	3	4	5	6	7	8	9	10	11	12	R99/1	2	3	4	5	6	7	8	9	10	11	12	R100/1	2	3	4	5	6	7	8	9	10	11	12	R101/1	2	3	4	5	6	7	8	9	10	11	12	R102/1	2	3	4	5	6	7	8	9	10	11	12	R103/1	2	3	4	5	6	7	8	9	10	11	12	R104/1	2	3	4	5	6	7	8	9	10	11	12	R105/1	2	3	4	5	6	7	8	9	10	11	12	R106/1	2	3	4	5	6	7	8	9	10	11	12	R107/1	2	3	4	5	6	7	8	9	10	11	12	R108/1	2	3	4	5	6	7	8	9	10	11	12	R109/1	2	3	4	5	6	7	8	9	10	11	12	R110/1	2	3	4	5	6	7	8	9	10	11	12	R111/1	2	3	4	5	6	7	8	9	10	11	12	R112/1	2	3	4	5	6	7	8	9	10	11	12	R113/1	2	3	4	5	6	7	8	9	10	11	12	R114/1	2	3	4	5	6	7	8	9	10	11	12	R115/1	2	3	4	5	6	7	8	9	10	11	12	R116/1	2	3	4	5	6	7	8	9	10	11	12	R117/1	2	3	4	5	6	7	8	9	10	11	12	R118/1	2	3	4	5	6	7	8	9	10	11	12	R119/1	2	3	4	5	6	7	8	9	10	11	12	R120/1	2	3	4	5	6	7	8	9	10	11	12	R121/1	2	3	4	5	6	7	8	9	10	11	12	R122/1	2	3	4	5	6	7	8	9	10	11	12	R123/1	2	3	4	5	6	7	8	9	10	11	12	R124/1	2	3	4	5	6	7	8	9	10	11	12	R125/1	2	3	4	5	6	7	8	9	10	11	12	R126/1	2	3	4	5	6	7	8	9	10	11	12	R127/1	2	3	4	5	6	7	8	9	10	11	12	R128/1	2	3	4	5	6	7	8	9	10	11	12	R129/1	2	3	4	5	6	7	8	9	10	11	12	R130/1	2	3	4	5	6	7	8	9	10	11	12	R131/1	2	3	4	5	6	7	8	9	10	11	12	R132/1	2	3	4	5	6	7	8	9	10	11	12	R133/1	2	3	4	5	6	7	8	9	10	11	12	R134/1	2	3	4	5	6	7	8	9	10	11	12	R135/1	2	3	4	5	6	7	8	9	10	11	12	R136/1	2	3	4	5	6	7	8	9	10	11	12	R137/1	2	3	4	5	6	7	8	9	10	11	12	R138/1	2	3	4	5	6	7	8	9	10	11	12	R139/1	2	3	4	5	6	7	8	9	10	11	12	R140/1	2	3	4	5	6	7	8	9	10	11	12	R141/1	2	3	4	5	6	7	8	9	10	11	12	R14
---------------------	---	------	---	---	---	---	---	----	----	----	------	---	---	---	---	---	---	---	---	----	----	----	------	---	---	---	---	---	---	---	---	----	----	----	-------	---	---	---	---	---	---	---	---	----	----	----	-------	---	---	---	---	---	---	---	---	----	----	----	-------	---	---	---	---	---	---	---	---	----	----	----	-------	---	---	---	---	---	---	---	---	----	----	----	-------	---	---	---	---	---	---	---	---	----	----	----	-------	---	---	---	---	---	---	---	---	----	----	----	-------	---	---	---	---	---	---	---	---	----	----	----	-------	---	---	---	---	---	---	---	---	----	----	----	-------	---	---	---	---	---	---	---	---	----	----	----	-------	---	---	---	---	---	---	---	---	----	----	----	-------	---	---	---	---	---	---	---	---	----	----	----	-------	---	---	---	---	---	---	---	---	----	----	----	-------	---	---	---	---	---	---	---	---	----	----	----	-------	---	---	---	---	---	---	---	---	----	----	----	-------	---	---	---	---	---	---	---	---	----	----	----	-------	---	---	---	---	---	---	---	---	----	----	----	-------	---	---	---	---	---	---	---	---	----	----	----	-------	---	---	---	---	---	---	---	---	----	----	----	-------	---	---	---	---	---	---	---	---	----	----	----	-------	---	---	---	---	---	---	---	---	----	----	----	-------	---	---	---	---	---	---	---	---	----	----	----	-------	---	---	---	---	---	---	---	---	----	----	----	-------	---	---	---	---	---	---	---	---	----	----	----	-------	---	---	---	---	---	---	---	---	----	----	----	-------	---	---	---	---	---	---	---	---	----	----	----	-------	---	---	---	---	---	---	---	---	----	----	----	-------	---	---	---	---	---	---	---	---	----	----	----	-------	---	---	---	---	---	---	---	---	----	----	----	-------	---	---	---	---	---	---	---	---	----	----	----	-------	---	---	---	---	---	---	---	---	----	----	----	-------	---	---	---	---	---	---	---	---	----	----	----	-------	---	---	---	---	---	---	---	---	----	----	----	-------	---	---	---	---	---	---	---	---	----	----	----	-------	---	---	---	---	---	---	---	---	----	----	----	-------	---	---	---	---	---	---	---	---	----	----	----	-------	---	---	---	---	---	---	---	---	----	----	----	-------	---	---	---	---	---	---	---	---	----	----	----	-------	---	---	---	---	---	---	---	---	----	----	----	-------	---	---	---	---	---	---	---	---	----	----	----	-------	---	---	---	---	---	---	---	---	----	----	----	-------	---	---	---	---	---	---	---	---	----	----	----	-------	---	---	---	---	---	---	---	---	----	----	----	-------	---	---	---	---	---	---	---	---	----	----	----	-------	---	---	---	---	---	---	---	---	----	----	----	-------	---	---	---	---	---	---	---	---	----	----	----	-------	---	---	---	---	---	---	---	---	----	----	----	-------	---	---	---	---	---	---	---	---	----	----	----	-------	---	---	---	---	---	---	---	---	----	----	----	-------	---	---	---	---	---	---	---	---	----	----	----	-------	---	---	---	---	---	---	---	---	----	----	----	-------	---	---	---	---	---	---	---	---	----	----	----	-------	---	---	---	---	---	---	---	---	----	----	----	-------	---	---	---	---	---	---	---	---	----	----	----	-------	---	---	---	---	---	---	---	---	----	----	----	-------	---	---	---	---	---	---	---	---	----	----	----	-------	---	---	---	---	---	---	---	---	----	----	----	-------	---	---	---	---	---	---	---	---	----	----	----	-------	---	---	---	---	---	---	---	---	----	----	----	-------	---	---	---	---	---	---	---	---	----	----	----	-------	---	---	---	---	---	---	---	---	----	----	----	-------	---	---	---	---	---	---	---	---	----	----	----	-------	---	---	---	---	---	---	---	---	----	----	----	-------	---	---	---	---	---	---	---	---	----	----	----	-------	---	---	---	---	---	---	---	---	----	----	----	-------	---	---	---	---	---	---	---	---	----	----	----	-------	---	---	---	---	---	---	---	---	----	----	----	-------	---	---	---	---	---	---	---	---	----	----	----	-------	---	---	---	---	---	---	---	---	----	----	----	-------	---	---	---	---	---	---	---	---	----	----	----	-------	---	---	---	---	---	---	---	---	----	----	----	-------	---	---	---	---	---	---	---	---	----	----	----	-------	---	---	---	---	---	---	---	---	----	----	----	-------	---	---	---	---	---	---	---	---	----	----	----	-------	---	---	---	---	---	---	---	---	----	----	----	-------	---	---	---	---	---	---	---	---	----	----	----	-------	---	---	---	---	---	---	---	---	----	----	----	-------	---	---	---	---	---	---	---	---	----	----	----	-------	---	---	---	---	---	---	---	---	----	----	----	-------	---	---	---	---	---	---	---	---	----	----	----	-------	---	---	---	---	---	---	---	---	----	----	----	-------	---	---	---	---	---	---	---	---	----	----	----	-------	---	---	---	---	---	---	---	---	----	----	----	-------	---	---	---	---	---	---	---	---	----	----	----	-------	---	---	---	---	---	---	---	---	----	----	----	-------	---	---	---	---	---	---	---	---	----	----	----	-------	---	---	---	---	---	---	---	---	----	----	----	-------	---	---	---	---	---	---	---	---	----	----	----	-------	---	---	---	---	---	---	---	---	----	----	----	-------	---	---	---	---	---	---	---	---	----	----	----	-------	---	---	---	---	---	---	---	---	----	----	----	--------	---	---	---	---	---	---	---	---	----	----	----	--------	---	---	---	---	---	---	---	---	----	----	----	--------	---	---	---	---	---	---	---	---	----	----	----	--------	---	---	---	---	---	---	---	---	----	----	----	--------	---	---	---	---	---	---	---	---	----	----	----	--------	---	---	---	---	---	---	---	---	----	----	----	--------	---	---	---	---	---	---	---	---	----	----	----	--------	---	---	---	---	---	---	---	---	----	----	----	--------	---	---	---	---	---	---	---	---	----	----	----	--------	---	---	---	---	---	---	---	---	----	----	----	--------	---	---	---	---	---	---	---	---	----	----	----	--------	---	---	---	---	---	---	---	---	----	----	----	--------	---	---	---	---	---	---	---	---	----	----	----	--------	---	---	---	---	---	---	---	---	----	----	----	--------	---	---	---	---	---	---	---	---	----	----	----	--------	---	---	---	---	---	---	---	---	----	----	----	--------	---	---	---	---	---	---	---	---	----	----	----	--------	---	---	---	---	---	---	---	---	----	----	----	--------	---	---	---	---	---	---	---	---	----	----	----	--------	---	---	---	---	---	---	---	---	----	----	----	--------	---	---	---	---	---	---	---	---	----	----	----	--------	---	---	---	---	---	---	---	---	----	----	----	--------	---	---	---	---	---	---	---	---	----	----	----	--------	---	---	---	---	---	---	---	---	----	----	----	--------	---	---	---	---	---	---	---	---	----	----	----	--------	---	---	---	---	---	---	---	---	----	----	----	--------	---	---	---	---	---	---	---	---	----	----	----	--------	---	---	---	---	---	---	---	---	----	----	----	--------	---	---	---	---	---	---	---	---	----	----	----	--------	---	---	---	---	---	---	---	---	----	----	----	--------	---	---	---	---	---	---	---	---	----	----	----	--------	---	---	---	---	---	---	---	---	----	----	----	--------	---	---	---	---	---	---	---	---	----	----	----	--------	---	---	---	---	---	---	---	---	----	----	----	--------	---	---	---	---	---	---	---	---	----	----	----	--------	---	---	---	---	---	---	---	---	----	----	----	--------	---	---	---	---	---	---	---	---	----	----	----	--------	---	---	---	---	---	---	---	---	----	----	----	--------	---	---	---	---	---	---	---	---	----	----	----	--------	---	---	---	---	---	---	---	---	----	----	----	--------	---	---	---	---	---	---	---	---	----	----	----	--------	---	---	---	---	---	---	---	---	----	----	----	-----